## SENATE BILL 5028

State of Washington64th Legislature2015 Regular SessionBy Senators Bailey, Dammeier, Cleveland, and KeiserPrefiled 12/26/14.

AN ACT Relating to raising licensure limits to allow assisted living facilities to serve a higher acuity resident population; amending RCW 18.20.030, 18.20.090, 18.20.160, and 18.20.330; reenacting and amending RCW 18.20.020; and adding new sections to chapter 18.20 RCW.

6 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

7 Sec. 1. RCW 18.20.020 and 2012 c 10 s 2 are each reenacted and 8 amended to read as follows:

9 The definitions in this section apply throughout this chapter 10 unless the context clearly requires otherwise.

(1) "Adult day services" means care and services provided to a nonresident individual by the assisted living facility on the assisted living facility premises, for a period of time not to exceed ten continuous hours, and does not involve an overnight stay.

"Assisted living facility" means 15 (2) any home or other 16 institution, however named, which is advertised, announced, or 17 maintained for the express or implied purpose of providing housing, basic services, and assuming general responsibility for the safety 18 and well-being of the residents, and may also provide domiciliary 19 20 care, consistent with chapter 142, Laws of 2004, to seven or more 21 residents after July 1, 2000. However, an assisted living facility

1 that is licensed for three to six residents prior to or on July 1, 2000, may maintain its assisted living facility license as long as it 2 is continually licensed as an assisted living facility. "Assisted 3 living facility" shall not include facilities certified as group 4 training homes pursuant to RCW 71A.22.040, nor any home, institution 5 6 or section thereof which is otherwise licensed and regulated under the provisions of state law providing specifically for the licensing 7 and regulation of such home, institution or section thereof. Nor 8 shall it include any independent senior housing, independent living 9 units in continuing care retirement communities, or other similar 10 living situations including those subsidized by the department of 11 12 housing and urban development.

13 (3) "Basic services" means housekeeping services, meals,14 nutritious snacks, laundry, and activities.

15 (4) <u>"Continuing nursing services" means the resident has been</u> 16 <u>assessed with a condition or diagnosis that is expected to require</u> 17 <u>the frequent presence and supervision of a licensed registered nurse.</u>

18 (5) "Department" means the state department of social and health 19 services.

20 (((5))) (6) "Domiciliary care" means: Assistance with activities 21 of daily living provided by the assisted living facility either 22 directly or indirectly; or health support services, if provided 23 directly or indirectly by the assisted living facility; or 24 intermittent nursing services, if provided directly or indirectly by 25 the assisted living facility; or continuing nursing services, if 26 provided directly or indirectly by the assisted living facility.

(((6))) (7) "General responsibility for the safety and well-being 27 of the resident" means the provision of the following: Prescribed 28 29 general low sodium diets; prescribed general diabetic diets; prescribed mechanical soft foods; emergency assistance; monitoring of 30 31 the resident; arranging health care appointments with outside health care providers and reminding residents of such appointments as 32 necessary; coordinating health care services with outside health care 33 providers consistent with RCW 18.20.380; assisting the resident to 34 obtain and maintain glasses, hearing aids, dentures, canes, crutches, 35 36 walkers, wheelchairs, and assistive communication devices; observation of the resident for changes in overall functioning; blood 37 38 pressure checks as scheduled; responding appropriately when there are 39 observable or reported changes in the resident's physical, mental, or

emotional functioning; or medication assistance as permitted under
RCW 69.41.085 and as defined in RCW 69.41.010.

3 (((7))) (8) "Legal representative" means a person or persons 4 identified in RCW 7.70.065 who may act on behalf of the resident 5 pursuant to the scope of their legal authority. The legal 6 representative shall not be affiliated with the licensee, assisted 7 living facility, or management company, unless the affiliated person 8 is a family member of the resident.

(((<del>(8)</del>))) (<u>9)</u> "Nonresident individual" means a person who resides 9 in independent senior housing, independent living units in continuing 10 care retirement communities, or in other similar living environments 11 12 or in an unlicensed room located within an assisted living facility. Nothing in this chapter prohibits nonresidents from receiving one or 13 more of the services listed in RCW 18.20.030(5) or requires licensure 14 as an assisted living facility when one or more of the services 15 16 listed in RCW 18.20.030(5) are provided to nonresidents. A 17 nonresident individual may not receive domiciliary care, as defined in this chapter, directly or indirectly by the assisted living 18 facility and may not receive the items and services listed in 19 subsection  $\left(\left(\frac{6}{1}\right)\right)$  (7) of this section, except during the time the 20 person is receiving adult day services as defined in this section. 21

(((<del>9)</del>)) <u>(10)</u> "Person" means any individual, firm, partnership, corporation, company, association, or joint stock association, and the legal successor thereof.

25 ((((10))) (11) "Resident" means an individual who is not related 26 by blood or marriage to the operator of the assisted living facility, and by reason of age or disability, chooses to reside in the assisted 27 living facility and receives basic services and one or more of the 28 29 services listed under general responsibility for the safety and wellbeing of the resident and may receive domiciliary care or respite 30 care provided directly or indirectly by the assisted living facility 31 32 and shall be permitted to receive hospice care through an outside service provider when arranged by the resident or the resident's 33 legal representative under RCW 18.20.380. 34

35 (((11))) (12) "Resident applicant" means an individual who is 36 seeking admission to a licensed assisted living facility and who has 37 completed and signed an application for admission, or such 38 application for admission has been completed and signed in their 39 behalf by their legal representative if any, and if not, then the 40 designated representative if any.

1 ((<del>(12)</del>)) (13) "Resident's representative" means a person designated voluntarily by a competent resident, in writing, to act in 2 the resident's behalf concerning the care and services provided by 3 the assisted living facility and to receive information from the 4 assisted living facility, if there is no legal representative. The 5 6 resident's competence shall be determined using the criteria in RCW 7 11.88.010(1)(e). The resident's representative may not be affiliated with the licensee, assisted living facility, or management company, 8 9 unless the affiliated person is a family member of the resident. The resident's representative shall not have authority to act on behalf 10 11 of the resident once the resident is no longer competent.

12 (((13))) (14) "Secretary" means the secretary of social and 13 health services.

14 <u>NEW SECTION.</u> Sec. 2. A new section is added to chapter 18.20 15 RCW to read as follows:

16 (1) An assisted living facility may provide continuing nursing 17 services if it secures a designation on its license from the 18 department.

19 (2) At least sixty days prior to the anticipated designation to 20 provide continuing nursing services, the applicant must submit to the 21 department a completed application on a form developed by the 22 department.

23 (3) Prior to granting an initial continuing nursing services 24 designation, the department shall make an inspection visit to the 25 assisted living facility applicant to determine the facility's compliance with the continuing nursing services rules. At least once 26 27 every eighteen months, the department shall inspect the assisted 28 living facility to determine the facility's compliance with the applicable rules to determine whether the designation may be 29 30 continued.

(4) The department shall establish fees to be paid by assisted living facilities prior to the issuance of an initial or renewal designation under this section. The department shall establish the fee at a level that covers the cost of the administration of the designation program.

36 <u>NEW SECTION.</u> **Sec. 3.** A new section is added to chapter 18.20 37 RCW to read as follows:

1 (1) If an assisted living facility chooses to provide continuing 2 nursing services and admits a person who requires the frequent 3 presence and evaluation of a registered nurse, the facility must have 4 a registered nurse available to assure the safe delivery of the 5 required care and services in accordance with applicable rules 6 developed by the department.

(2) An assisted living facility that is unable to assure that a 7 registered nurse is available to provide or direct the safe delivery 8 of the required care and services may not admit or retain a person 9 who requires the frequent presence and evaluation of a registered 10 11 nurse. Persons who are receiving hospice care or have a short-term 12 illness that is expected to be resolved within fourteen days may remain or be admitted in the facility provided that the facility is 13 able to assure that sufficient numbers and appropriately qualified 14 and trained staff or outside service providers under RCW 18.20.380 15 16 are available to meet the needs of such persons.

17 (3) If the assisted living facility license has the designation 18 required under section 2 of this act, the facility may provide 19 continuing nursing services, as defined by the department in rule, to 20 meet the needs of residents whose needs could not be met through 21 intermittent nursing services under RCW 18.20.330.

(4) On the disclosure form, the assisted living facility shall
describe any limitations, additional services, or conditions that may
apply under this section.

(5) In providing continuing nursing services, the assisted living facility shall observe the resident for changes in overall functioning and respond appropriately when there are observable or reported changes in the resident's physical, mental, or emotional functioning that exceed the licensee's licensure limitations and any limitations described in the disclosure form.

31 (6) If an assisted living facility with a continuing nursing services designation determines, or has reason to believe, that a 32 resident needs continuing nursing services or rehabilitative therapy 33 services, then the facility must provide the resident, the resident's 34 any, and, if 35 leqal representative, if not, the resident 36 representative, with a department-approved written notice informing the client that he or she may be eligible for complete or partial 37 coverage of those services through medicare, medicaid, veterans' 38 39 benefits, long-term care insurance, or other benefit programs. The 40 department shall develop the written notice with input from

1 stakeholders. The notice must inform residents of possible coverage under the benefit programs at reduced fee or no cost to the resident, 2 and provide contact information for those programs. The notice must 3 be signed and dated by the resident, or his or her representative if 4 the resident lacks capacity. The facility must retain a copy of the 5 6 signed notice. If the resident chooses to use his or her benefits medicare, medicaid, veterans' benefits, 7 under long-term care insurance, or other programs, the resident may elect to receive the 8 nursing or rehabilitative therapy services offered through an outside 9 health care provider under RCW 18.20.380, or from the assisted living 10 11 facility if the facility is an authorized provider under the relevant 12 benefit program. An assisted living facility that fails to give the notice required under this subsection and charges residents privately 13 14 for the provision of continuing nursing or rehabilitative services and such services were otherwise eligible for medicare, veterans' 15 16 benefits, long-term care insurance, or other third-party coverage, 17 commits an act that constitutes financial exploitation under chapter 74.34 RCW. 18

(7) An assisted living facility that chooses to provide 19 continuing nursing services, and has residents whose care is paid for 20 in whole or in part by medicaid, may not use the continuing nursing 21 designation, or any physical plant 22 services alterations or application process necessary for such designation, as a basis for 23 the permanent discharge of any of the facility's current medicaid 24 25 residents. An assisted living facility that receives an initial 26 continuing nursing services designation may not, for one year following the initial designation, reduce the number of medicaid 27 residents that the facility accepts or retains below the highest 28 29 number of medicaid residents living at the facility within one year prior to the application for an initial continuing nursing services 30 31 designation.

32 Sec. 4. RCW 18.20.030 and 2012 c 10 s 3 are each amended to read 33 as follows:

(1) After January 1, 1958, no person shall operate or maintain an
assisted living facility as defined in this chapter within this state
without a license under this chapter.

37 (2) An assisted living facility license is not required for the
38 housing, or services, that are customarily provided under landlord
39 tenant agreements governed by the residential landlord-tenant act,

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1 chapter 59.18 RCW, or when housing nonresident individuals who chose to participate in programs or services under subsection (5) of this 2 section, when offered by the assisted living facility licensee or the 3 licensee's contractor. This subsection does not prohibit the licensee 4 from furnishing written information concerning available community 5 6 resources to the nonresident individual or the individual's family 7 members or legal representatives. The licensee may not require the use of any particular service provider. 8

9 (3) Residents receiving domiciliary care, directly or indirectly 10 by the assisted living facility, are not considered nonresident 11 individuals for the purposes of this section.

12 (4) An assisted living facility license is required when any 13 person other than an outside service provider, under RCW 18.20.380, 14 or family member:

(a) Assumes general responsibility for the safety and well-beingof a resident;

17 (b) Provides assistance with activities of daily living, either 18 directly or indirectly;

19 (c) Provides health support services, either directly or 20 indirectly; ((<del>or</del>))

21 (d) Provides intermittent nursing services, either directly or 22 indirectly; or

23 <u>(e) Provides continuing nursing services, either directly or</u> 24 <u>indirectly</u>.

25 (5) An assisted living facility license is not required for one 26 or more of the following services that may, upon the request of the nonresident, be provided to a nonresident individual: (a) Emergency 27 assistance provided on an intermittent or nonroutine basis; (b) 28 29 systems, including technology-based monitoring devices, employed by independent senior housing, or independent living units in continuing 30 31 care retirement communities, to respond to the potential need for 32 emergency services; (c) scheduled and nonscheduled blood pressure checks; (d) nursing assessment services to determine whether referral 33 to an outside health care provider is recommended; (e) making and 34 reminding the nonresident of health care appointments; (f) 35 36 preadmission assessment for the purposes of transitioning to a licensed care setting; (g) medication assistance which may include 37 reminding or coaching the nonresident, opening the nonresident's 38 39 medication container, using an enabler, and handing prefilled insulin 40 syringes to the nonresident; (h) falls risk assessment; (i) nutrition

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1 management and education services; (j) dental services; (k) wellness 2 programs; (l) prefilling insulin syringes when performed by a nurse 3 licensed under chapter 18.79 RCW; or (m) services customarily 4 provided under landlord tenant agreements governed by the residential 5 landlord-tenant act, chapter 59.18 RCW.

6 Sec. 5. RCW 18.20.090 and 2012 c 10 s 5 are each amended to read 7 as follows:

(1) The department shall adopt, amend, and promulgate such rules, 8 9 regulations, and standards with respect to all assisted living facilities and operators thereof to be licensed hereunder as may be 10 11 designed to further the accomplishment of the purposes of this chapter in promoting safe and adequate care of individuals in 12 assisted living facilities and the sanitary, hygienic, and safe 13 conditions of the assisted living facility in the interest of public 14 15 health, safety, and welfare.

16 (2) The department shall also amend and adopt rules regarding the 17 provision of continuing nursing services, including rules that 18 define:

19 <u>(a) The process for designation of assisted living facilities,</u> 20 <u>including required notices to be provided to residents and their</u> 21 <u>legal representative if any, and if not, the resident's</u> 22 <u>representative;</u>

23 (b) The extent to which continuing nursing services may be 24 provided in assisted living facilities;

25 (c) Staffing requirements; and

26 <u>(d) Physical plant requirements.</u>

27 Sec. 6. RCW 18.20.160 and 2012 c 10 s 11 are each amended to 28 read as follows:

29 ((No person operating an assisted living facility licensed under 30 this chapter shall admit to or retain in the assisted living facility 31 any aged person requiring nursing or medical care of a type provided by institutions licensed under chapters 18.51, 70.41 or 71.12 RCW, 32 except that when registered nurses are available, and upon a doctor's 33 order that a supervised medication service is needed, it may be 34 provided. Supervised medication services, as defined by the 35 department and consistent with chapters 69.41 and 18.79 RCW, may 36 include an approved program of self-medication or self-directed 37 38 medication. Such medication service shall be provided only to

residents who otherwise meet all requirements for residency in an 1 assisted living facility. No assisted living facility shall admit or 2 retain a person who requires the frequent presence and frequent 3 evaluation of a registered nurse, excluding persons who are receiving 4 hospice care or persons who have a short-term illness that is 5 6 expected to be resolved within fourteen days.)) The assisted living facility licensed under this chapter must assume general 7 responsibility for each resident and must promote each resident's 8 health, safety, and well-being consistent with the resident 9 10 negotiated care plan. In addition, the assisted living facility may provide assistance with activities of daily living, health support 11 services, intermittent nursing services, and continuing nursing 12 services, as may be further defined by the department in rule, and 13 consistent with the care and services included in the disclosure form 14 required under RCW 18.20.300. To provide continuing nursing services, 15 the licensee shall obtain from the department a designation as 16 17 required by section 2 of this act. Without first obtaining the required designation on its license, an assisted living facility may 18 not admit or retain a person who requires the frequent presence and 19 frequent evaluation of a licensed registered nurse, except for 20 persons who are receiving hospice care or persons who have a short-21 term illness that is expected to be resolved within fourteen days. 22 23 The assisted living facility must assure that sufficient numbers and 24 appropriately qualified and trained staff are available to provide 25 care and services consistent with this chapter.

26 **Sec. 7.** RCW 18.20.330 and 2012 c 10 s 22 are each amended to 27 read as follows:

(1) Assisted living facilities are not required to provide intermittent nursing services. The assisted living facility licensee may choose to provide any of the following intermittent nursing services through appropriately licensed and credentialed staff, however, the facility may or may not need to provide additional intermittent nursing services to comply with the reasonable accommodation requirements in federal or state law:

- 35 (a) Medication administration;
- 36 (b) Administration of health care treatments;
- 37 (c) Diabetic management;
- 38 (d) Nonroutine ostomy care;
- 39 (e) Tube feeding; and

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(f) Nurse delegation consistent with chapter 18.79 RCW.

(2) The licensee shall clarify on the disclosure form any 2 limitations, additional services, or conditions that may apply under 3 this section. 4

(3) In providing intermittent nursing services, the assisted 5 living facility shall observe the resident for changes in overall 6 functioning and respond appropriately when there are observable or 7 reported changes in the resident's physical, mental, or emotional 8 functioning. 9

(4) The assisted living facility may provide intermittent nursing 10 services to ((the extent permitted by RCW 18.20.160)) residents who 11 do not require the frequent presence and supervision of a licensed 12 13 registered nurse.

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